

The "me" in Metal

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Gray

Introduction

1. 1 Thessalonians 5:8
2. We protect ourselves, we use metal
3. We want to make me feel ok whatever it takes
4. Let us talk about some methods we might use to make me feel better

II Discussion

1. Repression
 1. This is a reaction from which a person rejects from conscienceness thought that which causes me to be anxious
 2. David's sin with Bathsheba 2 Samuel 11-12
2. Reaction formation
 1. This is the conversion of hostility behavior into acceptable behavior, a reaction opposite to truth
 2. Saul and Jonathan 1 Samuel 20:27-34
 3. Saul was mad at Jonathan and rejected him when the wrath was really at David
3. Rationalization
 1. An individual explanation of his own behavior in a way that will conceal the real motive
 2. Saul and Samuel 1 Samuel 15:13-14; 17-22
 3. The people made me do it
4. Projection
 1. Individual disguises the source of conflict in himself by ascribing motives to someone else
 2. Ahab and Elijah 1 Kings 18:17
 3. Adam and Eve the woman you gave me caused me to do this Genesis 3:12
5. Introjection
 1. This is the opposite of above
 2. Saul said he had to offer sacrifices 1 Samuel 13:12
 3. The people were scattering and Saul thought that he would lose them so he had to do what he did!
6. Regression
 1. This is a retreat or primitive forms of behavior
 2. 1 Peter 4:13; 2 Peter 2:20-23;
 3. People wanting to go back into a former way of living.

III Conclusion

1. Are we making ourselves feel ok when in reality we need to face what we have done!
2. There is weakness in defending ourselves
3. We may disguise the real problem
4. The real problem is sin and we do not want to confront it head on
5. We must always submit to God
6. Will you submit to God and deal with your sin now!

Sources: Old sermons preached in 1989