## Introduction

- 1. Hebrews 6:12
  - a. We are not there yet, so let us go on. Verse 1, 9-11
  - b. The ultimate goal is perfection and this has the idea of maturity and completeness
  - c. We do not live completely free from sin or mistakes, but we can grow stronger and closer to God.
- 2. Philippians 3:13-14
  - a. Paul saw the need to keep reaching forward.
  - b. When he came to the end of his life he was confident that he had reached his goal 2 Timothy 4:6-8
  - c. As we begin a new year, our goal ought to be ultimately the same as Paul's and that is heaven
- 3. Whether we implement them on January 1 or not resolutions are biblical ideas. The idea of setting goals to improve ourselves finds considerable support in the Bible
- 4. What are some goals or resolutions that we ought to have?

## II Discussion

- 1. Time Ephesians 5:16
  - a. Redeeming the idea is to buy back
  - b. How are we using our time?
- 2. Money
  - a. 1 Timothy 6:10 Love of money is the root of all evil, so we ought to control this desire. Cf. verse 17
  - b. Matthew 6:19-21 Laying up in the proper place is important but taking care of family is also 1 Timothy 5:8
  - c. Matthew 25:14-30 Proper stewardship in important
- 3. Health and fitness
  - a. 1 Timothy 4:8 physical fitness contributes to good health;
  - b. 1 Corinthians 6:19-20 it is important that we take care of our bodies
- 4. Family
  - a. Ephesians 5:25
  - b. Ephesians 6:4
  - c. How much time and money are we willing to spend on family relationships?
- 5. Habits 1 Corinthians 6:12
  - a. Good or bad?
- 6. Spiritual growth
  - a. Bible knowledge 2 Timothy 2:15; 1 Timothy 1:5 (end or termination, hence goal has been reached) ESV
  - b. Prayer 1 Thessalonians 5:17; Romans 12:12
  - c. Spirituality Romans 8:6
  - d. Holiness 1 Peter 1:15-16

- 7. Helps to accomplish these goals
  - a. Persistence 1 Corinthians 15:58
  - b. Perspective setting good goals too much at once
  - c. Progress enjoy small victories
  - d. Perception 2 Corinthians 5:7
  - e. Person Jesus Christ can empower you Philippians 4:13

## III Conclusion

- 1. Set your goals, determine how to get there, and then go after them
- 2. Is your goal heaven? It ought to be
- 3. If it is are you doing what is necessary to get there?
- 4. Do whatever it takes,
- 5. Start now by doing what God said to do.

Source: Goal for a New Year by John Gains taken from Gospel Preachers list