Introduction

- 1. 1 Timothy 6:11-12
- 2. Words that have caught my interest are, Lay hold, and follow
- 3. Lay hold means to be a firm grip on eternal life
- 4. Follow means to pursue without hostility
- 5. Within this passage we are to get a firm grip on eternal life and this can be done by following without hostility the things listed
- 6. Let us see how to get a firm grip on eternal life by seeing what we are to follow after.

II Discussion

- 1. He calls Timothy a man of God
 - a. Great men of God have had this said of them Moses Deuteronomy 33:1 and Samuel 1 Samuel 9:6
 - b. This shows ownership "To whom we belong" 1 Corinthians 6:20; Titus 2:14
 - c. We belong to God 1 John 3:1-3
- 2. Paul tells Timothy to flee
 - a. Flee the temptation of riches and the love of money 6:6-10
 - b. Flee false teaching 6:3-5
 - c. Flee youthful lust 2 Timothy 2:22
 - d. Flee idolatry 1 Corinthians 10:14
- 3. Paul tells Timothy to follow some things we are to pursue without hostility
 - a. Righteousness doing what is right
 - b. Godliness A Godward attitude, doing that which is well-pleasing to Him
 - c. Faith conviction based on hearing Romans 10:17; Hebrews 11:1 & 6
 - d. Love
 - i. God's love for mankind John 3:16
 - ii. Man's love for God John 14:21
 - iii. Man's love for man John 13:34
 - iv. Love described 1 Corinthians 13:4-7
 - e. Patience abiding under James 1:3; in running the race Hebrews 12:1
 - f. Meekness gentle and mild Matthew 11:28-30
- 4. Paul tells Timothy to fight
 - a. Not just any kind of fight, but the good fight of faith
 - b. We have the equipment, and must know how to use it. Ephesians 6:10-18
 - c. We must be set for the defense of the Gospel Philippians 1:17, 7

III Conclusion

- 1. Are we going to lay hold and follow these things?
- 2. If so then at the end of life, all will be well with your soul!
- 3. If not then unhappiness awaits you
- 4. Why not lay hold and follow so that happiness will be yours all of this life and in the one to come!

Sources: Follow from Vine's Dictionary; Conduct in the church sermon outlines from 1 Timothy by Tom Holland