

# Don't Worry, Be Happy

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## Introduction

1. Philippians 4:4-13
2. The Bible is an amazing book in that it can present great truths in statements that are to the point and easy to be remember
3. God created man to be happy and hence wants Him to be happy Genesis 2:18-25
4. In this section of the scriptures we find the characteristics of overcoming worry and being happy
5. Let us study these characteristics; let us see how to develop these attitudes and then let us see these attitudes in actions

## II Discussion

1. Attitudes and actions that every Christian should have
  - a. Joy verse 4, 10; 1:18, 26; 2:2, 17, 18, 28; 3:3
    - i. Peter and John rejoiced that they were counted worth to suffer for His name Acts 5:41
    - ii. Paul suffered for the cause of Christ Acts 9:16; 2 Corinthians 1:4-6; 4:17; 11:24-28; 12:9; Galatians 6:17
  - b. Being a Christian "in the Lord" verse 4
    - i. We must be in Him, Ephesians 1:3
    - ii. This is where all things are new 2 Corinthians 5:17
    - iii. This is where redemption is Ephesians 1:7
    - iv. We are baptized into Christ Galatians 3:26-27
  - c. Be Gentle toward all men verse 5
    - i. Our relationship with others begins with us Matthew 7:12
    - ii. To have mercy we must extend mercy Matthew 5:7
  - d. Being worry free verse 6
    - i. What we can change and not change Matthew 6:19-34
    - ii. We can let the cares of this world overwhelm us Matthew 13:22
    - iii. We are to cast all our cares upon Him 1 Peter 5:7
  - e. We are to pray verse 6
    - i. We are to ask correctly James 4:3
    - ii. The eyes of the Lord are over the righteous 1 Peter 3:12
    - iii. We can go to God in prayer Hebrews 4:16
  - f. We are to be peaceful Verse 7
    - i. Jesus' peace may not be the same as our peace John 14:27
    - ii. Peace with God is all the matters
    - iii. Live peaceable Romans 12:18
2. How to develop these attributes
  - a. Think upon those things listed Proverbs 23:7
  - b. We can think on negative things and be sour Matthew 12:34-36
3. These attributes in action
  - a. Care for others verse 9
  - b. Be content Hebrews 13:5-6
  - c. Christ is with us Hebrews 13:5

## III Conclusion

1. Abraham Lincoln once observed: "People are about as happy as they make up their minds to be"
2. God does want us to be happy Philippians 4:4 He made us this way

3. The disciples in the first century were happy people Acts 2:46
4. Happiness of the Christian will be complete in Heaven Revelation 21:1-4
5. Are you on your way to heaven, if not you can be right now!

Sources: Old sermon preached in 02; Reasons to rejoice sermon outlines from Philippians by Tom Holland. PC Study bible vine's and concordance