

Gird Up the Loins of Your Mind

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Gray

Introduction

1. 1 Peter 1:13-16
2. The “Wherefore” is what has gone before, why are we to gird up
 - a. Hope verse 3
 - b. Inheritance verse 4
 - c. The hope of the second coming verse 5
 - d. The manifold temptation verse 6
 - e. Salvation verse 10
 - f. Therefore, be prepared
3. The picture of people wearing loose, flowing garments designed to protect them from the wind and heat of an arid, dry climate. The garments were excellent for leisurely, day to day activities, but they were cumbersome when one needed to move quickly. For serious work or rapid travel, those who wore loose garment had to “gird them up.” Luke 12:35
4. Here it is used metaphorically mental powers, alert in expectation of Christ second coming.
5. It is middle voice which indicates special interest the believer is to taken in doing
6. So as we face the trials of today, let us prepare ourselves for the battles at hand, with the tools God has given us. Ephesians 6:10-18

II Discussion

1. The background is Exodus 12:11
 - a. The Passover
 - b. They were to be ready to leave at a moment’s notice
 - c. The window of leaving would be narrow
 - d. Be ready, we too are to be ready for what is coming
 - e. How are we to be ready?
2. Be sober!
 - a. Three times Peter tells them to be sober 1:13;
 - i. The end is coming 4:7;
 - ii. The devil is seeking whom he may devour 5:8
 - b. Clearness of mind, free from drunkenness Greek and English
 - i. Exercise self-control, be balanced and serious
 - ii. Life is serious not morbid
3. Have hope
 - a. Christ is coming again! Verse 5, 8, 9, 11
 - b. Peter was there when he saw the Lord ascend and the angels making the announcement that He would come again Acts 1:9-11; Revelation 1:7
 - c. Hope is desire and expectation Romans 8:24
 - d. We desire to go to heaven and ought to expect to go 2 Timothy 4:8
4. As obedient children
 - a. Do not act like you use to be different now!

- b. They were ignorant of how to live correctly, but Peter is telling them how to live 1 Peter 2:2
 - c. The “Word” was being delivered to them, they could read and study how to live 2 Timothy 2:15
5. This idea is illustrated by Biblical characters
- a. Joshua when he was to take over for Moses Joshua 1:9
 - b. Esther when she was to approach the king Esther 4:15-16
 - c. Nehemiah when rebuilding the walls Nehemiah 2:17
 - d. Christ in the garden preparing for the crucifixion Luke 22:44

III Conclusion

1. We are to be prepared for what the battle brings 1 Peter 5:8
2. We are to be prepared for Christ coming again Matthew 25:13
3. This life is about us being prepared and getting prepared
4. Are you making preparations?
5. Now is the time!

Source: 10 examples: Gird up the Loins of your mind, off the internet; Logos software; Truth for today commentary on 1 & 2 Peter